

Appointment Date: _____

Appointment Time: _____



Ashley Simela, DO, FAAOS

Title: Orthopedic Spine Surgeon

Language: English

Ages Treated: Adolescents to Adults

Locations:

2132 Ralph Ave, Brooklyn NY 11234

265 Madison Ave, 4th Fl, New York, NY 10016

3907 4th Ave, Brooklyn NY 11232

1801 Broadway, Brooklyn NY 11207

618 Morris Ave, Bronx NY 10451

95-20 Queens Blvd,, Rego Park 11374

3107 JFK Blvd, North Bergen, NJ 07047

160 N Franklin St, Hempstead, NY 11550

990 Westbury Rd, Ste 201, Westbury, NY 11590

Get Ready for your Appointment!

Arrive Early:

Please come 15 minutes before your appointment to ensure everything runs smoothly.

Bring Your Essentials:

Remember your insurance card, ID, and any referral forms or medical records.

Prepare Your Questions:

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

Health Updates:

Let us know about any recent changes in your health.

Diagnostic Results & Claims:

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

*Our dedicated team is here to support you.
Get in touch with us!*

800-949-6100

Painandinjury.com

contact@painandinjury.com