



## Seth Schran, MD

**Title:** Psychiatrist

**Language:** English

**Ages Treated:** Adolescents to Adults

**Locations:**

381 Teaneck Road, Teaneck, NJ 07666  
3107 John F. Kennedy Blvd, North Bergen, NJ 07047

## Get Ready for your Appointment!

**Arrive Early:**

Please come 15 minutes before your appointment to ensure everything runs smoothly.

**Bring Your Essentials:**

Remember your insurance card, ID, and any referral forms or medical records.

**Prepare Your Questions:**

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

**Health Updates:**

Let us know about any recent changes in your health.

**Diagnostic Results & Claims:**

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

*Our dedicated team is here to support you.  
Get in touch with us!*

800-949-6100  
Painandinjury.com  
contact@painandinjury.com