



Sekhar Upadhyayula. MD

Title: Interventional Pain Management Physician

Language: English

Ages Treated: Adolescents to Adults

Locations:

31-35 31st St., Astoria, NY 11106

Get Ready for your Appointment!

Arrive Early:

Please come 15 minutes before your appointment to ensure everything runs smoothly.

Bring Your Essentials:

Remember your insurance card, ID, and any referral forms or medical records.

Prepare Your Questions:

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

Health Updates:

Let us know about any recent changes in your health.

Diagnostic Results & Claims:

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

*Our dedicated team is here to support you.
Get in touch with us!*

800-949-6100
Painandinjury.com
contact@painandinjury.com