



## Garret L. Sobol, MD

**Title:** Orthopedic Surgeon

**Language:** English

**Ages Treated:** Adolescents to Adults

### Locations:

301 Professional View Drive, Building 300, Freehold, NJ 07728

712 10th Avenue, Belmar, NJ 07719

312 Applegarth Road, Suite 101, Monroe Township, NJ 08831

## Get Ready for your Appointment!

### Arrive Early:

Please come 15 minutes before your appointment to ensure everything runs smoothly.

### Bring Your Essentials:

Remember your insurance card, ID, and any referral forms or medical records.

### Prepare Your Questions:

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

### Health Updates:

Let us know about any recent changes in your health.

### Diagnostic Results & Claims:

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

*Our dedicated team is here to support you.  
Get in touch with us!*

800-949-6100  
Painandinjury.com  
contact@painandinjury.com