

Appointment Date:

Appointment Time: _____

White Plains

Address: 311 North Street, Suite 210, White Plains, NY 10605 Phone: (800) 949-6100 Email: contact@painandinjury.com Business Hours: Monday-Friday 8:30AM - 6:00PM Practice Specialties: Physical Medicine & Rehabilitation Interventional Pain Management Physical Therapy Diagnostic Testing

Get Ready for your Appointment!

Arrive Early:

Please come 15 minutes before your appointment to ensure everything runs smoothly. **Bring Your Essentials:**

Remember your insurance card, ID, and any referral forms or medical records.

Prepare Your Questions:

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

Health Updates:

Let us know about any recent changes in your health.

Diagnostic Results & Claims:

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

Our dedicated team is here to support you. Get in touch with us!

800-949-6100 Painandinjury.com contact@painandinjury.com