

**Appointment Date:** \_\_\_\_\_

**Appointment Time:** \_\_\_\_\_

## North Bronx

**Address:** 3815 Putnam Ave. West, Bronx, NY 10463

**Phone:** (800) 949-6100

**Email:** [contact@painandinjury.com](mailto:contact@painandinjury.com)

### **Business Hours:**

Monday-Friday: 8:30AM – 7:00PM

Saturday: 8:30AM – 12:30PM

### **Practice Specialties:**

Physical Medicine & Rehabilitation

Interventional Pain Management

Physical Therapy

Diagnostic Testing

## Get Ready for your Appointment!

### **Arrive Early:**

Please come 15 minutes before your appointment to ensure everything runs smoothly.

### **Bring Your Essentials:**

Remember your insurance card, ID, and any referral forms or medical records.

### **Prepare Your Questions:**

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

### **Health Updates:**

Let us know about any recent changes in your health.

### **Diagnostic Results & Claims:**

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

*Our dedicated team is here to support you.  
Get in touch with us!*

800-949-6100

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