

Appointment Date:	
Appointment Time:	

### **Carmel**

Address: 664 Stoneleigh Avenue, Suite 300, Carmel, NY 10512

**Phone:** (800) 949-6100

Email: contact@painandinjury.com

**Business Hours:** 

Monday-Friday: 8:00AM - 5PM

**Practice Specialties:** 

**Podiatry** 

Foot and Ankle Surgery
Spine Care & Surgery
Orthopedic Surgery
General Orthopedics & Surgery
Sports Medicine
Interventional Pain Management

# **Get Ready for your Appointment!**

#### **Arrive Early:**

Please come 15 minutes before your appointment to ensure everything runs smoothly.

#### **Bring Your Essentials:**

Remember your insurance card, ID, and any referral forms or medical records.

#### **Prepare Your Questions:**

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

## **Health Updates:**

Let us know about any recent changes in your health.

# Diagnostic Results & Claims:

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

Our dedicated team is here to support you. Get in touch with us!

800-949-6100 Painandinjury.com contact@painandinjury.com