

Appointment Date:	
Appointment Time:	

## **Bellerose**

Address: 245-19 Jericho Tpke., Bellerose, NY 11426

**Phone:** (800) 949-6100

**Email:** contact@painandinjury.com

**Business Hours:** 

Monday-Friday: 8:20 AM – 7:00 PM Saturday: 9:00 AM - 12:15 PM

#### **Practice Specialties:**

Physical Medicine & Rehabilitation Interventional Pain Management Physical Therapy Diagnostic Testing

# **Get Ready for your Appointment!**

#### **Arrive Early:**

Please come 15 minutes before your appointment to ensure everything runs smoothly.

### **Bring Your Essentials:**

Remember your insurance card, ID, and any referral forms or medical records.

### **Prepare Your Questions:**

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

### **Health Updates:**

Let us know about any recent changes in your health.

### Diagnostic Results & Claims:

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

Our dedicated team is here to support you. Get in touch with us!

800-949-6100 Painandinjury.com contact@painandinjury.com