

**Appointment Date:** \_\_\_\_\_

**Appointment Time:** \_\_\_\_\_

## Amherst

**Address:** 3980 Sheridan Drive, Suite 402, Amherst, NY 14226

**Phone:** (800) 949-6100

**Email:** [contact@painandinjury.com](mailto:contact@painandinjury.com)

**Business Hours:**

Monday-Friday: 7:00AM - 7:00PM

**Practice Specialties:**

Physical Therapy

## Get Ready for your Appointment!

**Arrive Early:**

Please come 15 minutes before your appointment to ensure everything runs smoothly.

**Bring Your Essentials:**

Remember your insurance card, ID, and any referral forms or medical records.

**Prepare Your Questions:**

Jot down any questions you might have for the doctor, so we can provide the ultimate experience.

**Health Updates:**

Let us know about any recent changes in your health.

**Diagnostic Results & Claims:**

If your visit involves car or work-related injuries, bring any diagnostic results and insurance claim information.

*Our dedicated team is here to support you.  
Get in touch with us!*

800-949-6100  
[Painandinjury.com](http://Painandinjury.com)  
[contact@painandinjury.com](mailto:contact@painandinjury.com)